



Alternative Natural Healthcare

“Naturally For You”

February Specials

Treat yourself and your loved ones with beautiful organic products to help you unwind and relax.

Pranarōm Massage Oils Gift Set ~ \$37.00

Natural Base Oil with your choice of Cocoon, Reflex, Relax or Vitality aromatic synergy in a pretty red or gold organza gift bag with your choice of a **complimentary** 100 g Camino Organic Dark Chocolate bar (Raspberries, Espresso, or Salted Caramel Crunch)

Chemotyped Organic Essential Oil Blends for Massage

100% Pure & Natural

NATURAL BASE OIL – Organic vegetable oils

A rich, non greasy formula making this a superb all-round massage oil. A blend of Rosehip, Apricot Kernel and Sunflower oil to soothe and restore your skin. This oil is rich in essential fatty acids and vitamins, ideal for a massage of the skin of the whole body and face. Makes your skin soft, flexible and pleasantly satiny.

Personalize your massage with one of the Pranarōm’s organic aromatic synergy of your choice:
Cocoon, Reflex, Relax and Vitality!

COCOON – A warm and sensual synergy for a harmonizing massage. Can also be diffused. **Essential oils of:** Sweet Orange zest, Ho Wood, Mandravasarota, Ylang-Ylang and Chinese Cinnamon.

RELAX – A synergy for a relaxing, calming and soothing massage. Can also be diffused. **Essential oils of:** Lavandin Super, Sweet Orange, Mandravasarota and True Lavender.

REFLEX – An effective synergy for a major articular and muscular massage. **Essential oils of:** Lemon Eucalyptus, Wintergreen, Rosemary, Katrafay and Savory Thyme.

VITALITY – A detoxifying synergy for revitalizing and cleansing massage. **Essential oils of:** Lemon, Grapefruit, Atlas Cedarwood, Juniper and Ginger.

For orders, email at info@alternativenaturalhealthcare.ca

Boutique location: #20–80 Nashdene Road, Scarborough, ON M1V 5E4